



Public Health
Prevent. Promote. Protect.
Schuyler County, NY

Schuyler County Public Health

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Congratulations Graduating Senior!

Your Health is Worth a Shot

Did you know that vaccines aren't just for kids? Adults need them too. Young adults like you may need vaccines for college, entering the military, starting a new job, starting a family, or world travel. Here are some of the vaccines you may need:

Flu - Influenza Vaccine

All young adults need a seasonal flu (influenza) vaccine every year. Flu vaccine is especially important for people with chronic health conditions, like asthma, and for pregnant women.

HPV – Human Papillomavirus Vaccine

All young adults should finish this 2 or 3 dose vaccine series, which protects against cancers caused by human papillomavirus (HPV) infection.

Meningococcal – Serogroup B Meningococcal Vaccine

Some young adults might need additional vaccination against a specific meningococcal disease called serogroup B. This is a different vaccine from what was required for high school. Check with your doctor or college health center to see if this vaccine is right for you.

Your Immunization Record

Colleges and many employers will require your immunization record, so now is a good time to make sure your vaccinations are up to date. You can check this by asking your doctor or local health department.

Make sure to keep a copy of your immunization record for yourself. Remember to store it in a secure place like a fire safe. If you plan to travel, you may want to take a copy of your record with you.

If you have any questions, please call Schuyler County Public Health at 607-535-8140 or email scph@co.schuyler.ny.us



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